



Jennifer York

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OBJECTIVE

My focus with clients is to help them discover their authentic, integrated selves to eventually experience the freedom that wholeness brings.

SKILLS

Working from a psychodynamic, attachment theory base, I specialize in anxiety, depression, and eating disorders, depression I trained as a family mediator for Children’s Court Los Angeles and worked with First Responders.

VOLUNTEER WORK

LA Mission, Midnight Mission: food distribution
Saddleback, Christian Assembly, Church on The Way: Worship Leader

WORK EXPERIENCE

LMFT • THE COUNSELING TEAM INTERNATIONAL • MAY 2023 - CURRENT

Specializing in first responders and their families. Telehealth and in-person

LMFT • GLENDALE PSYCHOLOGY CENTER • JUNE 2018 - CURRENT

Families, individuals, couples

LMFT • WESTWIND TREATMENT CENTER • MAY 2023 - AUGUST 2023

Group facilitator for weekly sobriety meetings.

AMFT/LMFT • SYNC COUNSELING CENTER • JUNE 2018 – CURRENT

Families, individuals, couples

AMFT • CENTER FOR INDIVIDUAL AND FAMILY COUNSELING • JULY 2014 – JUNE 2018

Families, individuals, couples

EDUCATION

MASTERS CLINICAL PSYCHOLOGY • 2011 - 2015 • AZUSA PACIFIC UNIVERSITY

Favorite class was taught on addiction by an adjunct professor, ex cocaine addict/lawyer and now runs a downtown homeless shelter. Favorite book, “*In the Realm of Hungry Ghosts*” by Gabor Mate

BACHELORS OF SCIENCE • 1980 - 1984 • UNIVERSITY OF CALIFORNIA LOS ANGELES

Double major: Political Science and Journalism.